

Recipe for Salt Dough

INGREDIENTS: 1 C Table salt, 4 C All-purpose Flour, 1.5 C water

1. Mix ingredients in large bowl with wooden spoon. When too stiff to stir, use your clean hands.
2. NOTE: If the dough is too wet and sticky, knead in a little more flour, about 1 tablespoon at a time. If it's too stiff, add a little more water, about 1 tablespoon at a time. It should be easy to work with—soft and not too stiff and not excessively sticky.
3. Knead a few times until the dough is uniform and soft, about 3-5 minutes.

Continued over



Recipe Salt Dough, continued

4. Divide dough into 2 or 4 sections and roll out to about 1/4-1/2 inch thick between two sheets of parchment paper.
5. Cut out with cookie cutters. Transfer shapes to a parchment-lined baking sheet.
6. Repeat rolling and cutting out shapes to use up the dough.
7. Preheat oven to 250 degrees F.
8. Make a 4-5-inch circle and press in a child's handprint if desired.
9. Use a paper lollipop stick or a skewer to make a hole to hang as an ornament.
10. If baking ornaments, bake for 90 minutes to 2 hours
If baking handprints, bake for 2-3 hours.
Bake until they are until just firm to the touch, checking every 20 minutes. They do not need to be rock hard, but should not feel squishy. Handprints will likely take longer than smaller ornaments and may take closer to 4 hours.
11. Remove from oven, let cool completely, and paint if desired with acrylic or washable tempera paint.
12. Once paint is completely dry, seal with Mod Podge if desired.