



Savvy Senior Expo

Thursday, October 22 2026
10:30am to 3:30pm

Xenia Community Center 1265 W. Second Street

*Living
your
best life*

Admission: An Item
for the Pantry

No Registration

Refreshments

Door Prizes

Welcome to our fourth **Savvy Senior Expo**! Join us as we explore options for our best aging experience. Learn something new, spend time with friends ~ known and new, and have some fun, all at the same time.

There will be interactive sessions and presentations covering topics such as Medicare Fraud, Managing Responses to Stress, Insulin & Glucose Spikes, Financial Wellness, The Utility Roller Coaster, Lifelong Learning, and Being Cyber Savvy. You can also enjoy a demo of Robot Dogs on the gym stage as well as learn first hand some basic household repairs/checks at the "Do It Yourself" corner. On-site Medicare Reviews will be available

(by appointment), a few brain and physical fitness demos will be set-up, and those willing to take a seat for a few minutes can give the Diamond Dots craze a try. The Legal Chat will again close out the Expo, with attorney Dave Cusack discussing the Anatomy of a Will.

There will be a number of information tables to check out, a preview display of the Council's Holiday Gift Soiree, and we have partnered with the Coffee Hub to offer our Beverage & Snack Bistro to tempt you with familiar and new items to try.

Presented by
 **Greene County
Council on Aging**

1195 W. Second Street, Xenia OH 45385 • *Find us on Facebook!*
937-376-5486 • www.gccoa.org • YourFriends@gccoa.org



Savvy Senior Expo

Breakout Sessions

Breakout Sessions by Time

Location	Time	Session Name	Presenter
Gym	9:30 - 10:30.....	Zumba	Jodi Anderson
Room 403	10:45 - 11:15.....	Medicare Fraud and EOBs.....	Susan L. Marshall
Room 404	10:45 - 11:15.....	Benefits of Lifelong Learning	Katie Reynolds
Gym Stage	11:15 - 11:35.....	Robot Dogs Rover & Rudy.....	Robot Experience
Room 403	11:30 - 12:15.....	Managing Our Responses to Stress.....	Daejanna Preston
Room 404	11:30 - 12:30.....	Insulin & Glucose Spikes: A Reality Check.....	Marty Eng
Gym Stage	12:15 - 12:35.....	Robot Dogs Rover & Rudy.....	Robot Experience
Room 403	12:30 - 1:00.....	Medicare Basics & Open Enrollment	Sarah Florimonte
Room 404	12:45 - 1:15.....	Financial Wellness.....	Aaron Fowler
Room 403	1:15 - 1:45.....	The Utility Roller Coaster	Kathryn Metz
Room 404	1:30 - 2:15.....	Being Cyber Savvy	Adam Dyer
Room 404	2:30 - 3:30.....	Legal Chat: The Anatomy of a Will	Dave Cusack

Breakout Sessions by Name

Session Name	Time	Location	Presenter
Being Cyber Savvy	1:30 - 2:15	Room 404	Adam Dyer
Benefits of Lifelong Learning	10:45 - 11:15	Room 404	Katie Reynolds
Financial Wellness	12:45 - 1:15	Room 404	Aaron Fowler
Insulin & Glucose Spikes: A Reality Check	11:30 - 12:30	Room 404	Marty Eng
Legal Chat: The Anatomy of a Will	2:30 - 3:30	Room 404	Dave Cusack
Managing Our Responses to Stress	11:30 - 12:15	Room 403	Daejanna Preston
Medicare Basics & Open Enrollment	12:30 - 1:00	Room 403	Sarah Florimonte
Medicare Fraud and EOBs	10:45 - 11:15	Room 403	Susan L. Marshall
Robot Dogs Rover & Rudy	11:15 - 11:35 and 12:15 - 12:35	Gym Stage	Robot Experience
The Utility Roller Coaster	1:15 - 1:45	Room 403	Kathryn Metz