



# Brain Blast!

**Location:** Xenia Community Center, 1265 W. Second Street

**Reservations** required by Oct 30  
937-376-5486 or  
[YourFriends@gcco.org](mailto:YourFriends@gcco.org)

Doors open at 1:30 to register.

Door prizes and other prizes.

Appetizers and beverages available.

Cost to participate: An item for area food pantries.

Greene County Council on Aging presents a fun afternoon for Greene County adults (50 and better) to enjoy trivia, some socializing with great people, and a light-hearted but educational brain workout with the theme of:

## Comfort Food

**Wednesday, Nov 4, 2:00pm to 4:00pm**

The welcome and overview begins at 2pm. We'll 'exercise' our brain and include some movement breaks to get the blood flowing, especially to your brain.

Do you have a favorite recipe? We invite you to bring your favorite recipe to share.