



Annual Report 2021



BOARD OF DIRECTORS

Rebecca Shelley, President
Barbara Vandecreek, Vice-President
Sherry Matsel, Secretary
Denny Sargent, Treasurer
Erin Dill, Jean Harner, Jonathan Hebrank,
Mike McGrath

GCCOA TEAM

Resource Coordinator: Diane Autore

Resource Associates: Eileen Babineau,
Teresa Holloway, Cheryl Young

Benefits Specialist: Susan Allen

Senior & Family Support Manager:
Fonda Setters

Partners In Care Managers: Roy Cottongim,
Tracey Jones, Carol Kunze, Lynn Martin,
Erica Morrow, Maureen McCarthy-Magill,
Matthew Murphy, Leanne Maury, Daejanna
Preston, Michele Puterbaugh, Lisa Quesne,
Jamie Rath, Paige Redd, Karen Reese,
Kathy Schmaltz, Melissa Woehrman

Kinship Liaison & Wellness Coordinator:
Susan Finster

Education & Outreach Liaison:
Jeff Schairbaum

Data & Communication Liaison:
Jessica Lange

Senior Center Liaison:
Tim Brickey

Senior Center Associate:
Diane Hollenbeck (Jamestown)

Fiscal Manager: Steve Benson

Financial Advocate: Ken Richardson

Executive Director: Karen Puterbaugh

♥ **Volunteers 88**



2021 Statistics

Partners In Care (PIC) Referrals: 1,111

Total # of Seniors receiving purchased services in 2021: 1,700

Monthly averages: # of Seniors with purchased services and cost of services: 1,102/\$285

Grab Bar Installations (households): 284

Contract Providers: 34

Medicare Assistance: 2,193 phone calls, 351 emails

Medicare, Prescription Plans & Advantage Plans:

Documented Savings of \$125,400

Medicare 101 Attendees: 33 in-person, 155 via video conference

Senior Center Grants: \$1,164,975

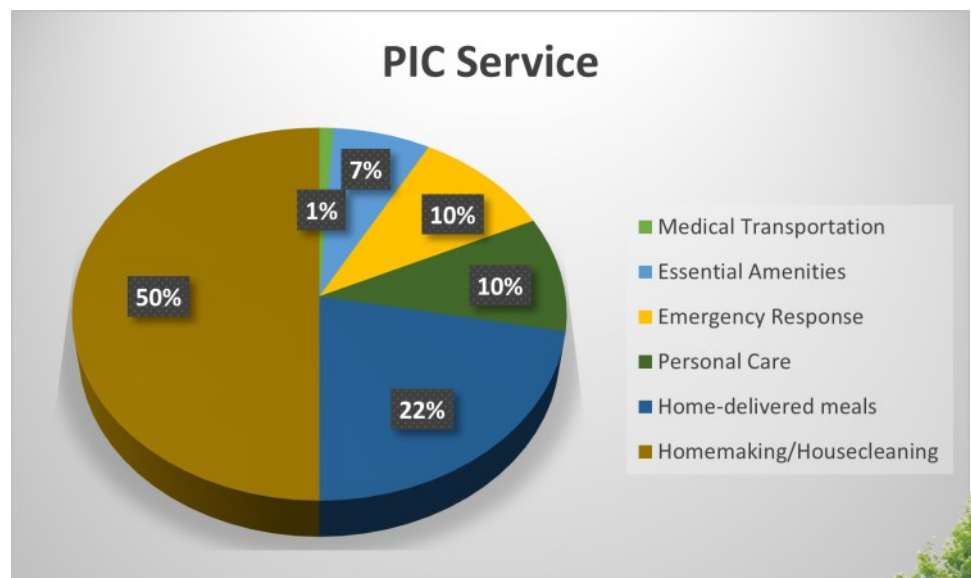
PIC Vendors

1st Choice Homecare
 Acclaim Senior Services
 Added Touch Services
 Advanced Medical Equipment
 Align Home Health
 Arcadia Home Care
 Bellbrook Home Service
 Black Stone Healthcare
 Buckeye Senior Care
 Clossman Catering
 Comforcare Senior Services
 Comfort Keepers

GCCOA Statement of Activities

Years Ended December 31, 2021 and 2020

	2021	2020
<i>Changes in unrestricted net assets:</i>		
Revenue and support:		
Greene County Senior Services Levy	\$5,696,016	\$5,600,336
Interest income	39,953	105,145
Change in fair value of interest		
Greene County Community Foundation	27,244	28,229
Service fees	347,030	300,504
Grant revenue	189,453	203,305
Contributions	43,077	44,743
Other income	<u>1,088</u>	<u>13,435</u>
Total revenue and support	<u>6,342,861</u>	<u>6,295,697</u>
Expenses:		
Program services	5,368,757	5,410,221
General and administrative	142,420	157,836
Fundraising	<u>22,005</u>	<u>22,645</u>
Total expenses	<u>5,533,182</u>	<u>5,590,702</u>
Change in net assets without donor restrictions	809,679	704,995
Net assets, beginning of year	9,634,775	<u>8,929,780</u>
Net assets, end of year	<u>\$10,444,454</u>	<u>\$9,634,775</u>



Custom Care Cleaning & Elderly Services
 Dean's Plumbing
 Dynamic Senior Solutions
 Ellie Home Care
 Fairborn Senior Center
 FirstLight HomeCare
 GMH Auxiliary
 Greene Co. Transit Board
 Guardian Medical Monitoring
 HDIS
 Larry Seay
 Lavender Home Care Solutions

Mom's Meals
 Phillips Lifeline
 Right At Home
 Senior Helpers
 Senior Resource Connection
 Shawnee Heating & Air
 Simply EZ of Columbus
 VRI Lifeline
 Xenia Adult Recreation & Services Center
 Yellow Springs Senior Center



Connecting with People

Despite the continuing pandemic, 2021 included many opportunities to get together with our Greene County seniors and caregivers: SeniorPalooza, JamFest, Yard Sale, Fall Prevention & Senior Fitness Camp in addition to educational programs like Medicare 101.



The Council is a **501c 3 nonprofit organization**, which allows for tax-deductible donations. Our information can be found on [GuideStar.com](https://www.guidestar.com). Our **Endowment Fund** totals just shy of **\$965,000**.



Looking behind, I am filled with gratitude.

Looking forward, I am filled with vision.

Looking upwards, I am filled with strength.

Looking within, I discover peace.

—Quero Apache Prayer

Start moving, a step at a time, step after step. The positive momentum will take you from there.

—Sarah Ban Breathnach

Information & Activities

The Insights newsletter was issued monthly for most of the year but went back to bi-monthly at the end of the year. Also at the end of the year, activities moved from virtual to in-person in many cases. Our Facebook page and YouTube channel were very active.

The following programs, activities & events were presented in 2021, either in-person or virtually:

Drive-by Shredding Events

Drums Alive

Healthy U (Pain, Chronic, Diabetes)

Holiday Soiree

It's My Money

JamFest

Kinship Support

Legal Chat

Medicare 101

Memory Loss

Music and the Brain

Parkinson's Disease

SeniorPalooza

Support Groups

Tai Chi

Yard Sale



Community Partners

Area Agency on Aging, PSA-2

Bellbrook-Sugarcreek Park District

Fairborn Art Association

Greene County Commission

Greene County Parks and Trails

Greene County Public Health

Greene County Senior Centers

Jamestown Historical Society

Social Security

Synergy Construction

WBZL/Real Roots Radio

Xenia Gazette

Xenia Nazarene Church

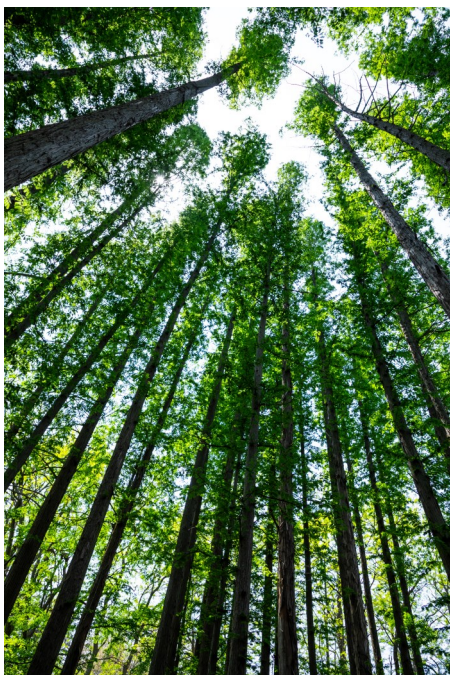
Gaze upwards, look inward, reach outward, and press forward.



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Committed to Greene County Seniors and Caregivers



*The world is wide, and I will
not waste my life in friction
when it could be turned
into momentum*

—Frances Willard



Help for a Caregiver

This is the story of a Jamestown couple, Lula and Richard, both born in the early 1940's. For the last years of his life, Richard had numerous health problems including diabetes, COPD, and an inoperable brain tumor that caused cognitive impairment. Lula was the primary caregiver for her husband with some assistance and some skilled services.

Transportation was provided when it was too difficult for Lula to push him in his wheelchair. The Council was able to provide personal care and respite a few hours each week as well as home delivered meals. This service was a huge help to them both not only because of the daily hot meal but also the personal daily contact with the deliverer who they adored.

When the roof began leaking directly on Richard's hospital bed, their caremanager connected with USDA. They were able to provide a new roof at no cost. Richard was in and out of the hospital frequently.

In late January 2021, after another hospital visit and some time in rehab because of his generalized weakness, Richard was permanently placed in a Long Term Care facility. Lula continued to visit him and other residents and staff, either in person or via video phone. In November 2021, Richard passed away.

Lula was lost without Richard: for the last few years, she had spent most of her time caring for Richard. Now what? Lula found her purpose again when the nursing home where Richard had been asked her to work a few days a week, to visit with the patients and fill up their water cups. She now works for 3.5 hours three days a week and loves it. She receives home delivered meals twice a week.

"The Greene County Council on Aging helped so much to lessen the burden," Lula said. This is the reason we exist and we appreciate the opportunity to help.

Help with Financial Problems

The Council's Financial Advocate, Ken Richardson met with a client last year to help with severe budget problems: not enough money to cover her expenses each month. They went over all of her budget line items and homed in on her mortgage. She had a mortgage payment of \$700/mo. Her interest rate was 3.5% and she had 6 years left to pay it off.

While the short payoff and interest rate was not bad, the client couldn't wait 6 years to reduce her monthly spending. Ken explored refinancing options, and found a 15 year loan with a low interest rate and a monthly payment of \$70 from a different bank. The client was more comfortable staying with her existing bank. Her bank offered a 30 year loan, with \$20K cash back, for \$150/mo. The client liked the cash back option so she could then close out several other small debts, and she was OK with a 30 year mortgage.

The client completed the refinance with her bank and reduced her overall monthly budget by \$590 per month, which was huge for her. This may not be an option for everyone, but for this senior, it was just what she needed.



The amount of effort needed at the start pales in comparison to what your momentum can ultimately produce in the end.

—Lincoln Patz

Those who are lifting the world upward and onward are those who encourage more than criticize.

—Elizabeth Harrison



Help and Support

Jane* is a caregiver who learned of our Caregiver Support group and started attending just over a year ago. She cares for her husband John who suffered a stroke. The stroke resulted in left side weakness and the inability to complete the daily tasks he had been doing. John also became less mobile. While he did participate in a few rounds of physical therapy, he has not stayed motivated and stays home a lot.

This past fall Jane lost both her brothers within weeks of each other. One of the brothers did not have an advanced directive or living will and Jane became the person that took on the responsibility of contacting lawyers and navigating probate. She also became the executor for her other brother and had to help sell property etc. This was a very stressful time for her as she continued as the full-time caregiver for John.

Jane was happy to find people in the Support Group who were going through things similar to what she was. The other group participants provided encouragement and advice to her. She connected particularly with two other ladies in the group who both related to her

situation as they experienced a similar caregiving role. She has been faithful in attending and is one of the regulars who rarely misses a session.

At the end of one of our meetings, Jane asked the facilitator about the services the Council provides. She shared she was considering an Emergency Response System for her husband due to a recent fall he had. She also asked for a recommendation on getting grab bars in the bathroom for her husband. Jane was pleasantly surprised that we provided that service. We took a referral for her husband and herself, and we have since enrolled them as clients and provided the much-needed grab bars. Jane is now working with her care manager to get services in place for John.

** The names of the participants have been changed to protect their privacy*

