

# Senior Fitness Fun & Games



When the weather is bad, exercise is better in the gym! Why not join us for some movement & fun in the gym? We have many fun games to play. And, if you've never played **pickleball**, let us introduce you to the fun! For both the beginner and advanced players. **All equipment provided.** Bring a friend!

Come to a Senior Fitness Fun class at Xenia Community Center, 1265 W. Second St.

**Mondays from 1:00 to 2:30 pm**

There is no cost but we would appreciate a reservation: contact Jeff Schairbaum at 937-376-5486 ext. 112 or [jeff.s@gcco.org](mailto:jeff.s@gcco.org)

Please wear sneakers or other rubber sole shoes.

We will have a release for you to sign if this is your first time with us.

