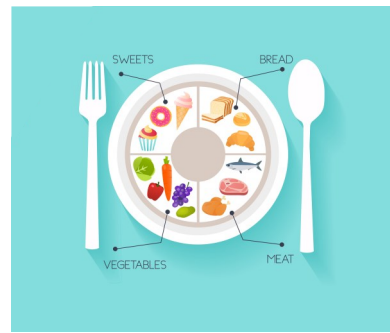


Join us as we seek balance
in our lives at the
2024 SeniorPalooza
from May 1st through 16th



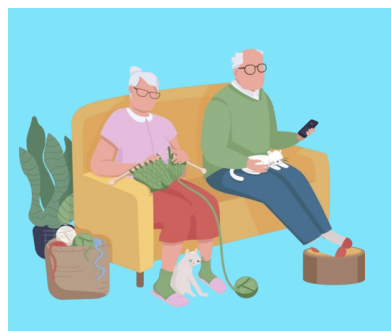
On **Wednesday May 1, from 1:30 to 3:00pm**, drive by the Xenia Community Center to pick up a **Well Balanced Takeaway Bag** with the **Itinerary** of events, videos & challenges for the next 2 weeks, and Registration Form for **Senior Field Day on May 16**.



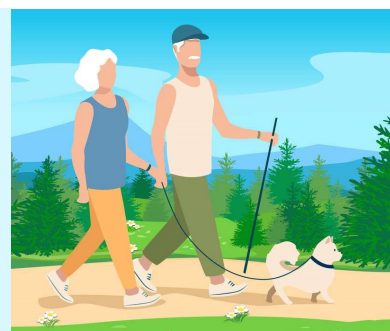
Listen to Real Roots
Radio FM 100.3/AM
1500 for the **Song of
the Day** from May 6
through 16.



Join the indoor & outdoor challenges & activities
on the **Senior Field Day** on May 16 from 11:30am
to 2:30 pm. A Grab'n'Go supper is available (\$5).
Advance registration required. Contact us for
registration form and more information.



Check our Facebook page for videos, such as
Brick & Baum striving for balance, the senior
centers answering the balance challenge, and
more. For more information or to request your
Itinerary, contact the Council at 937-376-5486.



1195 W. Second Street, Xenia OH 45385
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May is Older Americans Month

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