

Jamestown

Senior Center Newsletter

March–April 2022



Did you know....

Benjamin Franklin was the first to propose daylight savings time in 1784. It wasn't fully implemented until the end of World War II.

The first day of spring is called the vernal equinox. 'Vernal' is Latin for spring while 'equinox' is Latin for 'equal night'.

The first spring flowers include daffodils, dandelions, lilies, tulips, iris and lilacs to name a few.

Baby birds learn to sing during spring. Although born with the ability to sing, they must learn the specific songs of their species, often within two months of being born.



Little By Little



It has been a good year, so far, for Center activities and having an opportunity to be together. Little by little, more of you have been coming out to the Center ~ a trend we hope will continue. We want to again offer our appreciation for your continued patience as well as your support over these last two years. We recognize it has been difficult and frustrating to not 'go back' to the way things were, but progress has been made and more will follow.

As of March 1st, the wearing of masks will no longer be required for those who have been vaccinated. There may be a few of you who will prefer to continue wearing a mask and we hope you will feel comfortable doing so. We still ask, however, that you stay home if you are not feeling well, running a fever, coughing and so on. And when you are at the Center, regular hand washing, using hand sanitizer, and practicing other precautions to keep you and your fellow seniors safe should be the norm.

We are pleased to share that a few upgrades are in the works for the Center. As many of you know, we have an area on the main room floor with a bit of a sagging problem. We hope to have this repaired soon after this newsletter is sent out. Other updates being scheduled include mounting the television on the wall and adding a fresh coat of paint. In addition to our regular funding, the Greene County Council on Aging has made special grant funding for purchases and projects available to all of the senior centers in Greene County, making these upgrades possible.



Special Dates

Mardi Gras	03/01
Plant a Flower Day	03/12
Daylight Savings	03/13
St. Patrick's Day	03/17
Walk in the Park Day	03/30
April Fool's Day	04/01
Deep Dish Pizza Day	04/05
Easter	04/17
Earth Day	04/22
Arbor Day	04/29
Shredding Event	04/30

Happy Birthday

...to all who are celebrating their special day in March & April.

Weather Closing Policy

Our fingers are crossed this reminder won't be needed, but when the Greeneview School District delays/closes schools for weather-related issues, the Jamestown Senior Center will be closed.



Participation is limited. Reservations are required and masks are encouraged. Drop-ins and food are not permitted.

March & April

Monday Exercise Class

Get moving with this exercise class from 9:15am to 10am.

Monday Crafts

Welcome all crafters! Please join us on Mondays from 10:00am to noon or whatever portion of the morning you can share.

Tuesday Euchre

Join us Tuesday afternoons from 1pm to 4:00pm. 50 cents to play. Limit of 32 players with registration required by the Friday before.

Friday Bingo

Friday afternoons from 1pm to 3:00pm. 25 cents per game. Three card maximum. Limit of 24 players with no moving between tables.

Notes: Reservations required by Tuesday for Friday and Monday activities and by Friday for Euchre. Please text or call Diane between 8am and 4pm, Monday through Friday to reserve your spot or spots! (937-470-5265).

Future Program Planning

We are planning a collaborative painting activity in April to create the Center's 'impressionist' painting for the SeniorPalooza. No painting/creative experience needed and Diane will be in contact with the date, time and details!

We will be adding an informational/educational program to our schedule each quarter and your input is requested. We are exploring many topics and issues, but if you have a suggestion, please let Tim or Diane know.

News For You

A Tasty Evening

Thank you to those who came out for the February 10th Valentine's Spaghetti Dinner. Nineteen seniors enjoyed a lovely evening which included great conversation and food, a snowball toss game, and the making of valentines to share. It was lovely to be together.



Making an Impression

Plans for **SeniorPalooza 2022** are being finalized and the promotional flyer will be available at the Center and included in the May/June newsletter. We are excited to be participating as a Center and we hope many of you will also get involved with some of the in-person, on-line and on-your-own activities. Later in April, we will try our hand as Impressionist artists as we create a one-of-a-kind and oversized painting to be shared on-line, along with those created by other Greene County senior centers. We hope to then hang our Jamestown creation in the Center.

The **SeniorPalooza Drive-By** event is Wednesday, May 4th between 1:30 and 3:00pm in the parking lot of the Xenia Community Center (XCC). Council team members, including Diane and Brick & Baum, will be handing out Palooza Packets with the Palooza Itinerary, activity sheets, and a number of surprises. It would be great to have several vehicles from Jamestown make the trip into Xenia.

SeniorPalooza will run through Thursday, May 19th, closing out with the **Senior Field and Impression Day** from 11am to 2:30pm at the XCC.



Information

Jamestown Senior Center
6 East Xenia Street
Jamestown, Ohio 45335
Phone: 937-376-5486

The Center is located in the northeast section of the Jamestown Opera House

The Jamestown Senior Center is operated by the Greene County Council on Aging and is supported by the Senior Services Levy and funds raised through Center activities.

The Center's newsletter is available electronically or via traditional mail. Please contact Tim Brickey with your e-mail or postal address.

Senior Center Associate
Diane Hollenbeck

Senior Center Liaison
Tim Brickey
Tim.Brickey@gcco.org
937-376-5486, Ext 125



1195 W. Second Street
Xenia, Ohio 45385

Committed to Greene County Seniors and Caregivers

Important Information

- ◇ **It's My Money, My Stuff and My Life!** – Tuesdays, March 8th through 29th, from 6 to 8:30pm @ XCC next to the Council's office. \$40 per household. Contact the Council to register.
- ◇ The **2022 Greene County Senior Artisan Show** will be held at the Fairborn Art Association March 13 & 20 from 1pm to 3:30pm and March 23 from 11am to 2pm.
- ◇ **Who's In Charge—You or Your Stuff?** With Lori Firsdon of Forte Organizers, April 7, 2 to 4pm, Bellbrook Sugarcreek Park District Community Center.
- ◇ **Spring Drive-by Shredding Event** – Saturday, April 30 from 9am–12 noon @ XCC parking lot. For individuals only. Limit of 3 banker's boxes.
- ◇ **SeniorPalooza Painting Activity** – If interested, contact Diane for the April date and time.
- ◇ Weekly Programming with our Partners at Real Roots Radio, WBZI FM 100.3:
 - Wednesdays between 12:05pm & 12:15pm *Boomers and Beyond*
 - Thursdays soon after 6:00pm *Partners in Caregiving*
- ◇ Look for Regular Updates and Information Posts on the Council's Facebook Page and website