

2022 Step Challenge — September 12—30

Week 1		Week 2		Week 3	
Day	Number of Steps	Day	Number of Steps	Day	Number of Steps
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
7		7		7	

Name _____ Total Steps: _____



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