



Bellbrook Senior Center

The Bellbrook Senior Center is a component of the Bellbrook Sugar Creek Park District (BSPD), with most programs and activities taking place at the District's Community Center at 2751 Washington Mill Road in Bellbrook.

The Center is funded, in part, by a Greene County Council On Aging (GCCOA) grant through the Senior Services Levy.

About the BSPD

The BSPD, created in 1972, is a community treasure. They are responsible for 670 acres of parks, offering educational and recreational programming for residents of all ages.

[facebook.com/
BellbrookSugarCreekParks](https://facebook.com/BellbrookSugarCreekParks)

Senior Center Coordinator
Gracie Huff
ghuff@bellbrookparkdistrict.org
937-848-3535



Exciting Changes in the New Year

We are thrilled to share that the Bellbrook Sugar Creek Park District will be taking on the official role of the Bellbrook Senior Center in the new year. The Council will continue to partner with the Park District, but the ongoing planning and running of weekly, bi-weekly and monthly programming will be the responsibility of the Park District. The Bellbrook Sugar Creek Park District will join the eight other Greene County senior centers in providing activities and programs and, as of 2023, will receive grant funding for staffing and administration.

The most exciting part of this change is the enthusiastic Park District team who will be the face of Center activities and programs and with whom current and soon-to-be participants will interact and connect. **Gracie Huff** is the Park Naturalist and the Center coordinator. She and her colleagues have a true heart for seniors and are looking forward to meeting and reaching out to area seniors. Gracie has a special interest in local wildlife, loves to teach about the natural world, and loves to cook and try new recipes.

Heather Luby is the District's Program Coordinator, a former fitness instructor, and has several years of experience working with senior groups. And **Heather Ficke** is the District's Program Manager. She enjoys history and hearing people share their stories and experiences with one another.



From left:
Heather Luby,
Gracie Huff,
Heather Ficke

Calendar

Active Adults

All Active Adults (50 and Better) programs are provided free of charge through our grant from the Greene County Council on Aging. They take place at our park district headquarters (2751 Washington Mill Road) unless otherwise noted. Call (937) 848-3535 to register or visit bellbrookcreekparks.org

Note: The Community Center is closed January 2 and 16, 2023.

Thank You!

It has been an honor for GCCOA to work with Bellbrook seniors over the past few years.. Tim Brickey, the Council's liaison to Bellbrook Senior Center, will continue to spend some of his time at the Center, but will soon relinquish his tasks to the capable hands of Heather, Grace and Heather.



Chair Yoga

Mondays 9:30—10:30am

Join instructor Connie Weber to experience one of the gentlest forms of yoga available. This gentle form of yoga that is practiced sitting on a chair, or standing using a chair for support and includes no complicated movements. Initial reservation is required.



Euchre Game Time

Mondays 1/9, 1/23, 2/13, 2/27 1:30—3:30pm

Join us to enjoy a friendly game of Euchre. Limit of 32 players. Registration required.



TAPfit Fitness

Tuesdays 8:45—9:30am

Keep your body and your mind in shape with this innovative new fitness class! TAPfit is a dance fitness

program that utilizes the principles of tap dance to get you moving to a beat—no prior dance experience required. All routines can be modified to seated positions.



Coffee and Coloring

Thursdays 1/5, 1/19, 2/2, 2/16 9:30—11:00am

Join us for a fun social time with friends enjoying a warm drink and some relaxing coloring projects. Each session will feature a short nature talk before we dive in to coloring our postcards, greeting cards and coloring pages.

Valentines Card Crafting

Thursday 2/9 9:30—11:00am

Share your creativity and kindness with someone who could use a smile this Valentine's Day! We will create heartfelt cards to be delivered to the residents of Bellbrook Health and Rehab Senior Care.



Puzzle Race Challenge

Thursday 3/9 9:30—11:30am

Get ready for some friendly puzzling competition! Each team will receive the same 300-piece puzzle to complete within the 1.5-hour timeframe. The first group to finish will receive a prize and bragging rights!

